Spatio-temporal distribution of under-five malaria morbidity and mortality hotspots in Ghana, 2012 – 2017: a case for evidence-based targeting of malaria interventions

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ABSTRACT

Introduction: The spatiotemporal variation in malaria burden underpins the need for targeted malaria interventions. Despite the scale-up of malaria control interventions in Ghana, malaria remains the leading cause of hospital admissions and deaths among children below 5 years (U5). We described spatiotemporal distribution of U5 malaria morbidity and mortality from 2012 to 2017 to provide evidence for deployment of specific malaria interventions to regions of hotspots in Ghana. Methods: We conducted a retrospective review of district-level malaria surveillance data from 2012 to 2017. We obtained confirmed U5 malaria case and population data for all districts in Ghana, and computed yearly smoothed malaria incidence and mortality rates. Hotspot analysis was performed using GeoDa’s Global and Local Moran I tests of spatial autocorrelation. Results: Overall, 8,132,769 U5 malaria cases and 5,932 deaths were reported, with case fatality rate of 0.1%. Under-five malaria incidence increased from 16.4% in 2012 to 31.3% in 2017, and the mortality rate per 100,000 decreased from 30.2 in 2012 to 6.1 in 2017. We found variation in morbidity hotspots from 8 to 23 in the western, south-western and north-eastern areas of the country each year, and six persistent mortality hotspots in the north-eastern region. Conclusion: Over the review period, U5 malaria morbidity increased while mortality decreased. Variability in morbidity hotspots occurred across the western and northern regions unlike persistence of mortality hotspots in the north-eastern region. We recommend that the National Malaria Control Program systematically deploys preventive and case management interventions to areas of hotspots and also conduct a further evaluation to identify the causes of high mortality in the northeastern areas.

KEYWORDS
Malaria, Hotspots, Spatial, Temporal, Ghana

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CITATION
Introduction

Globally, 216 million malaria cases and 445,000 associated deaths were reported in 2016. Sub-Saharan Africa contributed more than 90% of cases and deaths [1]. In the early 2000s, the global goal to halt malaria and reverse its incidence prompted additional investment in malaria control [1]. An evaluation conducted 15 years later revealed a global decline of malaria morbidity by 37% and mortality by 60% [2]. In Ghana, malaria prevalence in children under five years (U5) decreased from 75% in 2000 to 21% in 2016, while mortality declined by 60% from 2000 to 2016 [3,4]. Between 2010 and 2017 however, the prevalence stalled at 21% to 28% despite scale-up of interventions [5,6]. In some regions, U5 malaria prevalence increased during this period [7,8]. So, by 2016, malaria remained the leading cause of U5 hospital admissions and mortality in Ghana. In 2016, 182,438 U5 malaria cases (i.e. 48% of U5 hospital admissions) and 590 U5 deaths (i.e. 46.7% of U5 deaths) were reported by the malaria surveillance system in Ghana [7].

The National Malaria Control Program in Ghana targets to reduce malaria morbidity and mortality by 75% from 2012 levels by 2020 [4]. The estimated funds required to achieve this target is over USD 2.2 billion. However, available funding falls short by USD 854 million [4]. It has, therefore, become necessary that the program adopts approaches that would optimise the impact of control measures and accelerate progress towards the set targets. Malaria morbidity and mortality exhibit variations across locations and time, which are essential for allocating resources for malaria control [9–11]. When resource allocation is not targeted, high-risk locations may not receive quantities of resources proportional to their risk, therefore have sustained high risk [9,12,13]. Malaria prevalence surveys in Ghana demonstrate regional differences in malaria endemicity, and these have guided some interventions previously [5,6]. However, even within regions, malaria is unevenly distributed, suggesting that reliance on regional variations to target interventions is not sufficient [14,15].

To optimise the impact of control measures, stratification of malaria intensity at the lowest possible sub-national levels, identification of hotspots, and devotion of more resources to these locations have been recommended [16]. Malaria hotspots describe foci of high malaria risk or increased risk of malaria emergence [17,18]. In other African countries, malaria hotspots detection to guide malaria control and monitor intervention coverage have been implemented [19–24]. In Ghana, earlier attempts to map hotspots were limited by inadequate malaria data at sub-national levels or did not consider the temporal dynamics of hotspots [25,26]. Thus, available maps do not provide sufficient information on malaria hotspots, needed to guide targeting of interventions at sub-national levels. We described the spatiotemporal distribution of U5 malaria morbidity and mortality hotspots from 2012 to 2017 to provide information for targeting of malaria interventions.

Methods

Study area

Ghana is a West African country located between longitudes 4 ° W and 2 ° E, and latitudes 4 ° N and 12 ° N. The country has a U5 population of 5,362,184 (projected from 2010 census). There are ten regions, which are further divided into 216 districts. The median district population size is 19,532 (range: 4,543 to 371,748). Malaria is endemic in all regions with a national U5 P. falciparum prevalence of 21% [5]. The regional prevalences demonstrate varying levels of malaria endemicity with only Greater Accra (5%) having low malaria transmission intensity. The remaining nine regions have moderate malaria transmission intensities and range from 15% to 31% [5]. The terrain of Ghana is mostly low lying with highlands in the middle belt. The tropical climate in Ghana supports malaria transmission all year round with seasonal peaks during the rainy season (June - October). The northern belt of the country experiences six months of rainy season, the middle, seven months of rainy season, and the coastal areas, five months of rainy season. Average day and night temperatures are 30 °C and 24 °C respectively, with temperatures comparatively higher in the northern belt, than middle and southern belts. The geographic variations in climate and ecology form the basis for the malaria ecologic zones. The guinea savannah occupies the northern belt and expresses the highest malaria risk. The rainforest, which occupies the middle belt has the second highest malaria risk, and, the coastal and mangrove swamp, found along the coastline has the least malaria risk.
Surveillance system for malaria

The malaria surveillance system in Ghana is passive. Malaria is confirmed by a parasitological diagnosis of a febrile case harbouring *Plasmodium* parasites with microscopy or malaria rapid diagnostic test. Cases and deaths are reported on a monthly basis as aggregates by health facilities through the District Health Information Management System (DHIMS2). The DHIMS2 is an electronic data collection tool that captures data from all health facilities at the community level. Data aggregation is performed at the facility, district, regional and national levels (Figure 1).

Study design

We conducted a retrospective review of district-level malaria surveillance data from 2012 to 2017. These were further analysed and described spatially.

Data extraction

We extracted confirmed U5 malaria cases for 2012 to 2017 from DHIMS2. Variables extracted from DHIMS2 were U5 uncomplicated malaria cases, U5 severe malaria cases, U5 malaria deaths, and completeness of malaria reporting by health facilities. Completeness of reporting was defined as the proportion of expected reports from health facilities that were submitted. Districts’ population data were obtained from the Ghana Statistical Service (GSS). Malaria data from all 216 districts in Ghana were used for analysis.

Data processing and analysis

Surveillance and population data were matched to corresponding districts on a district boundary map of Ghana using GeoDa version 1.8 [27], a geographical information system (GIS) software. An exploratory analysis using filters and counts was performed to identify missing and invalid records, which were not included in further analysis. We estimated the unit effect of increasing completeness of reporting on U5 malaria incidence using simple linear regression in Stata version 14. We used completeness of reporting as the predictor variable and U5 malaria incidence as outcome variable. A *p*-value of 0.05 indicated a significant effect of completeness of reporting on U5 malaria incidence. The estimation was done to provide a context to interpret findings.

Descriptive statistics

We computed frequencies of cases and deaths, the proportion of severe cases, case fatality rates, malaria-specific mortality rates, and medians and interquartile ranges (IQR) of variables in STATA version 14. Yearly mortality rates were computed using U5 malaria deaths as numerator and mid-year U5 population as the denominator. We determined the monthly distribution of U5 malaria cases.

Empirical Bayes smoothing

We imported the spatially-linked case and population-at-risk data into GeoDa. The yearly cumulative incidence of malaria was calculated for each district from 2012 to 2017 using Empirical Bayes Smoothing (EBS) approach. In mapping, crude rates across spatial units with different population sizes are not comparable due to differences in their standard errors and consequently precision of crude rates. The need for smoothing arose because units with smaller populations tend to have higher standard errors and therefore less precise rates, compared to units with larger population sizes [28]. To adjust for the differences in the districts’ population sizes and improve the precision of incidence, we used the EBS function in GeoDa to compute smoothed U5 malaria incidence. The EBS incidence is a weighted average of the crude incidence and national average. For each district ‘i’, the smoothed U5 malaria incidence is given by:

\[ \pi_i^{EBS} = \omega_i \cdot r_i + (1 - \omega_i) \cdot \theta, \] where \( \omega = \sigma^2 / (\sigma^2 + \mu / P_i) \).

\( r_i \) is the crude incidence of district ‘i’, given by the number of U5 malaria cases divided by the U5 population at risk, \( \theta \) is the national average, \( \sigma \) is the variance of the prior distribution, \( \mu \) is mean of the prior distribution, and \( P_i \) is the population at risk in district ‘i’. \( \sigma \) and \( \mu \) are estimated from the data [28].

We drew choropleth maps using the smoothed incidence. We categorised districts into four classes of malaria transmission intensity, per World Health Organisation (WHO) recommendation [29]. These groups were; high malaria transmission intensity (\( \geq 45\% \)), moderate malaria transmission intensity (25\% - 45\%), low malaria transmission intensity (10\% - 25\%), and very low malaria transmission intensity < 10\% [29].
Global Moran I

We measured Global Moran I to evaluate overall spatial autocorrelation of U5 malaria morbidity and mortality in GeoDa [27]. This function measured how districts were similar to nearby districts (neighbours) concerning U5 malaria morbidity and mortality. We defined neighbours by first-order queen contiguity spatial weight matrix, which indicated that only districts sharing common borders were considered as neighbours. We reported only positive Moran I values, with significant p-values due to the interest in identifying only hotspots. A positive Moran I value with p-value < 0.05, however, indicated spatial clustering of high incidence districts or low incidence districts. The degree of clustering was determined by the proximity of Moran I value to one, with values approaching one showing strong clustering, and those approaching zero, showing weak or no spatial clustering.

Local Moran I

Global Moran I assessed overall spatial autocorrelation without pinpointing the locations of clusters. We identified the location of hotspots using GeoDa’s Local Indicator of Spatial Autocorrelation (LISA) [27]. We defined malaria morbidity hotspots and mortality hotspots as high-risk clusters for malaria morbidity and mortality respectively. The clusters denoted districts with significantly higher than expected concentration of malaria morbidity or mortality. We presented only significant high-risk clusters on GIS-generated cluster maps.

Ethical considerations

Secondary data were used for the study. Therefore no ethical approval was required. However, we obtained approval from the Ghana Health Service Ethical Review Board with identification number GHS-ERC155/12/17ID. Permission was also obtained from the National Malaria Control Program and Ghana Statistical Service to use their data. The data used did not contain any personal identifiers.

Results

Completeness of malaria reporting

Completeness of malaria reporting by all health facilities increased from 62.1% in 2013 to 92.8% in 2017 (Table 1). The median completeness of reporting by district was 64.2% (IQR: 48 - 77) in 2013, 69.4% (IQR: 53.5 – 82.5) in 2014, 75.5% (IQR: 58.8 – 87.0) in 2015, 84.0% (IQR: 70.4 – 93.6) in 2016, and 96.3% (IQR: 90.0 – 98.9) in 2017. A percent increase in completeness of reporting by district was estimated to significantly increase malaria incidence by 0.003 (R² = 4.2%, p-value < 0.01) in 2016 and 0.005 (R² = 2.7%, p-value = 0.02) in 2017. No significant relationship was found between completeness of malaria reporting and U5 malaria incidence in 2013 to 2015 (all p-values > 0.05).

Incidence and mortality rates

From 2012 to 2017, the malaria surveillance system recorded 8,132,769 confirmed U5 malaria cases and 5,932 deaths, with case fatality rate (CFR) of 0.1%. Severe malaria cases were 4.9% (400,436 / 8,132,769). Under-five malaria incidence increased from 16.4% in 2012 to 31.3% in 2017, and malaria-specific mortality rate decreased from 30.2/100,000 in 2012 to 6.1/100,000 in 2017 (Table 1). For all years, U5 malaria incidence began to rise in April, peaked twice, in July and October-November, before declining in December. Severe malaria incidence decreased over the period under study (Figure 2).

Spatial characteristics

The incidence of U5 malaria increased from 2012 to 2017 for about 99% of districts. The medians for yearly U5 malaria incidence were 16.7% (IQR: 8.9 - 27.6) in 2012, 24.6% (IQR: 16.2 - 39.2) in 2013, 29.0% (IQR: 18.7 - 44.6) in 2014, 37.7% (IQR: 23.1 - 50.8) in 2015, 35.4% (IQR: 23.6 - 52.07) in 2016, and 36.0% (IQR: 23.5 - 53.3) in 2017. The number of districts with high transmission intensity increased from 17 in 2012 to 77 in 2017. These districts were in mostly western, south-western and north-eastern parts of the country (Figure 3). The highest Moran I value for morbidity was observed in 2014 and 2017 (Moran I of 0.5, p < 0.05), and lowest in 2012 (Moran I of 0.1, p < 0.05). Under-five malaria
Discussion

We found evidence of significant spatial clustering of U5 malaria morbidity and mortality in Ghana from 2012 to 2017. Hotspots of U5 malaria morbidity persisted in the western and south-western parts of the country, while those of mortality persisted mainly in the north-eastern part. Also in the north-eastern part, morbidity hotspots were present in 2012, but many had disappeared by 2017.

The National Malaria Control Programme employs three main approaches to malaria control; integrated vector control (mainly use of insecticide-treated net [ITN], indoor residual spraying [IRS] and larviciding), chemoprevention, and early case diagnosis and management [5,14]. Since 2010, there have been three rounds of mass ITN distribution (in 2012, 2014 and 2017), and these have been supplemented with continuous ITN distribution through antenatal clinics, child welfare clinics and primary schools [5]. Unlike ITNs, IRS and larviciding have been limited to few districts due to their associated high cost. Larviciding has only been used in few urban districts in the south, while IRS and seasonal malaria chemoprevention (SMC) have been used selectively in the north [14,30]. The apparent migration of morbidity hotspots from the north towards the south may be explained by the particular focus of the malaria programme in the northern regions. Over the years, the unique malaria epidemiology (i.e., highest malaria burden) of northern regions informed the implementation of targeted interventions SMC and IRS in addition to ITN in these regions [5,14,30]. The disappearance of hotspots in these regions over the years reflects the effectiveness of these interventions and highlight the importance of a targeted approach to the deployment of interventions. The persistence of morbidity hotspots in five districts in the north-eastern part despite being beneficiaries of the additional interventions remains unclear.

The distribution of morbidity hotspots shown in our risk maps is strikingly similar to malaria risk distribution predicted by Kumi-Boateng et al. and the malaria control programme. In the study by Kumi-Boateng et al., which used only climatic and environmental factors for malaria risk prediction, the south-western and north-eastern parts of Ghana were shown to have the highest malaria risk. Also, a study by the malaria control programme revealed that the south-western and north-eastern parts of the country have the highest U5 malaria prevalence [25].

In our study, we found out that, some districts in the north-eastern part which had relatively lower U5 malaria incidence were hotspots for U5 malaria mortality. The northern part of Ghana has the highest proportion of residents living in poverty [31]. Previous studies done in Ghana and Tanzania indicate that children living in poor areas have greater risk of death due to associated barriers in access to healthcare [32,33]. In another study by Fobil et al., low socioeconomic status was associated with higher malaria mortality [34]. In the northern part, health facilities are few, sparsely distributed in the communities. Thus there is limited access of the population to needed health care [31,35]. Children below five years who are missed by the key interventions and fall ill from malaria are likely to present in the later stage of malaria, and are prone to a higher risk of dying. Thus, although the interventions may be working to reduce morbidity, mortality is still a high probability for children missed by the health system.

We also found U5 malaria incidence to increase while severe malaria incidence and mortality declined across the country. This increase in U5 malaria incidence is unanticipated given the scale-up of malaria interventions in recent years. The finding of a slightly increasing trend for malaria incidence may be attributed to a number of reasons. In this study, only confirmed malaria cases were analysed. The introduction of the ‘test treat and track policy’ for suspected malaria in 2012, with a corresponding improvement in confirmatory malaria diagnosis,
may account for the observed increase in confirmed malaria cases over the years [7]. Completeness of reporting increased from 62% in 2013 to 93% in 2017.

Nevertheless, the estimated effect of this increase on malaria incidence was found to be small. This finding is not surprising because records from DHIMS2 show that government facilities contribute 62% of U5 malaria cases, faith-based facilities, 15%, and private hospitals, 24%. These health facilities have persistently reported since 2013, with other private health facilities contributing less than 4% to the increase over the years [36]. Thus, the increase in the completeness of reporting may not be contributing significantly to the rising confirmed malaria incidence or may be contributing smaller increases than assumed. The decline in severe malaria and mortality could be due to improvement in early malaria case diagnosis and management. Death is the end of spectrum of severe malaria clinical syndrome, preventable by timely case management. In two studies in Rwanda and Ethiopia, increase in the availability of antimalarial drugs was linked to reductions in U5 malaria deaths by more than 50% [37,38].

We found U5 malaria incidence to be unevenly distributed over the months with more cases recorded from June to November in comparison with December to May. This distribution corroborates what has been documented in earlier studies and follows a pattern similar to the monthly distribution of rainfall, with the bimodal malaria peaks coinciding with rainfall peaks [39–41].

The study has some limitations. Routine surveillance data from health facilities were analyzed, and findings are prone to underestimation. Completeness of reporting by districts varied. However, this did not significantly influence districts' malaria incidence except in 2015 - 2017, where 1% increase in the completeness of reporting was estimated to increase malaria incidence by only 0.002 - 0.005. Only confirmed cases were used for analysis. Thus, the possibility of excluding cases that were not tested but could otherwise have been positive, cannot be ruled out. Malaria case-patients may have accessed health facilities outside of their districts, thus captured and recorded in a different district. Moreover, these were most probably for extremely few cases and could not have had an impact on the number of cases analysed. Despite these limitations, findings from this study are still useful for spatial targeting of malaria interventions.

Conclusion

We identified stable U5 malaria morbidity and mortality hotspots in Ghana from 2012 to 2017. Morbidity hotspots were located mostly in the western, south-western and north-eastern parts, while mortality hotspots were located in the north-eastern part. Malaria in children less than five years increased while severe malaria, and malaria mortality decreased over the period under study. Based on our findings, we recommend that the National Malaria Control Programme should evaluate malaria interventions and devote critical effective malaria prevention interventions to the south-western, western and north-eastern parts of the country. Further studies are required to assess malaria case management, and to identify the causes of high mortality in the north-eastern areas. The public health directorates should also intensity malaria prevention education in south-western, western and north-eastern parts of the country.

Competing interests

The authors declare that they have no competing interests.

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Authors' contributions

DD and EK conceptualised the study and designed the study protocol. DD was responsible for data collection, cleaning, analysis and interpretation. EK contributed to data analysis and interpretation. NYP, OOA, BM, DAB, CNL and EA contributed to data interpretation and revised the manuscript for intellectual content. All authors read and approved the final manuscript.
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Figure 4: Spatial hotspots of under-five malaria morbidity and mortality, Ghana, 2012 – 2017

References


Table 1: Distribution of under-five malaria incidence, case fatality rates, malaria-specific mortality rates and completeness of malaria reporting by health facilities, Ghana, 2012 – 2017

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<th>Year</th>
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<th>Mortality rates per 100,000</th>
<th>Completeness of reporting %</th>
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*Data on completeness of reporting for 2012 not available

Table 2: Global Moran I results and p-values for under-five morbidity and mortality, Ghana, 2012 – 2017

<table>
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<td>2017</td>
<td>0.5</td>
<td>&lt; 0.01</td>
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